Farm Girl cafe is an Australian owned, family run business.
Our eggs are proudly British and from free ranging chickens.
Our granola is our unique and original recipe.
Our butter is grass-fed and cultured, that's why it tastes so good.
Our sauces and dressings are all homemade, from scratch.
Our coffee is roasted for us by The Roasting Party.
We avoid artificial preservatives and sweeteners.

DRINKS

Please order at the counter.

OUR DEFAULT MILK IS WHOLE MILK.
ALL ALTERNATIVE MILKS ARE INCLUDED IN THE PRICE.
MOMA OAT MILK. WE USE RUDE HEALTH: COCONUT | ALMOND* | HAZELNUT*

COFFEE

Rose Latte 5
double shot with rose water, petals
Lavender Latte 5
double shot with lavender water, petals
Organised Collagen Latte 6
double shot with bovine collagen, honey
PB Latte* 5.5
double shot with peanut butter powder*

Espresso 3.5
Macchiato 4
Piccolo 4
Long Black 4
Americano 4
Flat White 4.5
Latte 4.5
Cappuccino 4.5
Mocha 5

HOT CHOC

OG Hot Choc 5
cacao, date syrup
Happy Hot Choc* 6.5
cacao, date syrup, peppermint, matcha, CBD
White Choc 5.5
coconut milk powder, Madagascan vanilla, cocoa butter
Collagen Choc 6
Organised Bovine collagen, cacao, date syrup
Peanut Butter Choc 5.5**
peanut butter powder, cacao
contains peanuts
Chilli Collagen Choc 6
Bovine collagen, chilli flavoured choc, date syrup

Our whole milk is unhomogenised, locally sourced & supplied by The Estate Dairy.

FUNCTIONAL LATTES

Matcha Latte 5
Japanese green tea powder
Rose Matcha Latte 6
organic Japanese matcha, rose water
Matcha Lemonade 5
Japanese matcha powder, lemonade, ice
Hojicha Latte 5
roasted green tea powder
Chai Latte 5
chai, cinnamon, date syrup
Liquid Gold Latte 5.5
turmeric, ginger root, honey & black pepper

TEA

Earl Grey 4
English Breakfast 4
Green 4
Chamomile 4
Liquid Gold Cleanse 4.5
turmeric, ginger root, honey, black pepper, lime
ACV Cleanse 4.5
apple cider vinegar, honey, milk thistle
Lemon, honey, ginger, hot water 4
Fresh lemon, hot water 3
Fresh Mint, hot water 3.5
Fresh Ginger, hot water 3

JUICES & SMOOTHIES

Berry Smoothie 4
apple, strawberry, blueberry, raspberry, lemon
Green Smoothie 4
apple, mango, spinach, lemon
a cup of orange juice 4

HAVE IT ICED

Iced black coffee 4.5
Iced white coffee 5

ADD-ONS

Extra Shot 50p | Decaf 50p | CBD Oil 3 | MCT oil 2
Bovine Collagen 4

FOOD

Please order at the counter.

EGGS

Eggs anyway (poached, fried or scrambled) 7
eggs, chives, salted cultured butter, sourdough toast
add avo £3
add smoked bacon £3.5
contains dairy, eggs, gluten

Farm Breakfast Plate 12.5
bacon, fried egg, chives, thyme roast tomato, miso portobello mushroom, flatbread
contains eggs, gluten, soya, sulphites

PANCAKES

all gluten free, extra pancake + £2

Cherry Ripe vg **10**
Cherry compote, coconut shavings, coconut yoghurt, cacao nibs, maple syrup

Apple & Pear vg **10**
compote, cinnamon crunch, coconut yoghurt, maple syrup

Butter & Maple 6
Grass fed butter with maple syrup
contains dairy

Egg & Bacon 12
contains eggs, dairy

TOAST

Avocado vg **10**
Smashed avo, citrus, Aleppo chilli flakes, mint, dill, sourdough
contains gluten

BREAKFAST BOWLS

Apple & Pear Spice Porridge 9
oats, apple & pear compote, cinnamon, maple syrup
contains dairy, nuts

Granola 7*
Greek yoghurt, honey, Granola pumpkin seeds, seasonal fruit
contains dairy, nuts

Acai Bowl vg **10***
frozen Amazonian berries, frozen banana, coconut milk, seasonal fruit, chia seeds, coconut shavings, Granola*
add almond butter £2.5
add peanut butter £1.5
contains nuts

Protein Bowl 8*
cottage cheese, seasonal fruit, crushed almonds, chia seeds, pumpkin seeds, maple syrup
contains nuts, dairy

* contains nuts | ** **contains peanuts** | vg vegan
Please advise our staff if you have any allergies. Due to the nature of our kitchens, we cannot guarantee the absence of allergens.

HOT MAINS

Soup of the Day 7
comes with toasted sourdough
contains gluten | may contain celery, soya, dairy

Veggie Bowl 8
curried yellow lentils, poached egg, dill, Aleppo chilli flakes, Ararat flatbread
contains soya, eggs, gluten, celery

SANDWICHES

Coconut BLT vg 10
our homemade coconut bacon, cucumber, tomato, lettuce, carrot, beetroot, aioli, sourdough
contains mustard, gluten, sulphites, soya

BLT 10
smoked bacon, tomato, lettuce, cucumber, beetroot, grated carrot, aioli, sourdough
contains mustard, gluten, sulphites

Chicken 10
marinated chicken, tomato, cucumber, baby gem, southwest sauce, pickled peppers
contains mustard, gluten, sulphites, dairy, soya, celery

Lightly toasted sourdough. You can switch to gluten free.

WRAPS

Bacon Breakfast 8
eggs, bacon, tomato, aioli, flatbread
contains eggs, gluten, mustard, sulphites

Veggie Breakfast 7
eggs, avo, cucumber, tomato, feta, spinach, flatbread
contains eggs, gluten, dairy

Mushroom & Spinach 8
miso marinated mushroom, spinach, cucumber, pickled peppers, southwest sauce, flatbread
contains gluten, dairy, soy, celery, sulphites, mustard

Chicken 8.5
chermoula, lettuce, cucumber, mint, pomegranate, yoghurt, chicken, red onion, flatbread
contains gluten, soya, dairy, celery, sulphites

EXTRAS

maple syrup / honey / feta 1.5
poached / fried / scrambled egg/ sourdough toast / gluten free toast 2
coconut yoghurt / Greek yoghurt / almond butter* / peanut butter** 2.5
avo / flatbread / seasonal fruit / granola 3
coconut bacon / smoked bacon 3.5 | chicken 4